

Ш	Crampons/Snowshoes/Skis/Microspikes		
	Mountaineering Axe		
	Trekking Poles	NOTES	
	Warm Boots		
	Wool Socks		
	Liner Socks		
	Gaiters		
	Base Layer Top/Bottom		
	Mid weight Top		
	Softshell Jacket/Pants		
	Hardshell Jacket/Pants		
	Insulated Parka/Pants		
	Lightweight Gloves		
	Heavy Gloves/Mitts		
	Hat		
	Buff/Bandana/Balaclava		
	Sunglasses/Goggles		
	(2) Headlamps		
	(2) Ways to start a fire		
	Extra Batteries		
	Map and Compass		
	At least 2-3 liters of water		
	Lots of high energy food		
	Lip screen		
	Sunscreen		
	First Aid Kit		
	Lightweight Emergency Shelter		
	Toilet Paper		
	Trowel		

TOWN THIN RESULT	WINTER HIKING	CHECKLIST
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